



**Connecting Communities**  
**Empowering Transitions**

**CONNECTING  
COMMUNITIES**

**EMPOWERING  
TRANSITIONS**

# In Service Training Programme

## Lesson Plan

<b>Module Name</b>		Module One – Overview
<b>Learning Objectives</b>		
<p>By the end of this training session, participants will be able to:</p> <ol style="list-style-type: none"> <li>1. Name the other participants in the programme;</li> <li>2. Understand the Connecting Communities – Empowering Transitions Programme.</li> </ol>		
<b>Instructional Materials</b>		
<p>The following instructional materials are required to deliver this module:</p> <ol style="list-style-type: none"> <li>1. Module One PowerPoint Presentation</li> <li>2. A ball of wool / twine</li> <li>3. Paperwork required by the facilitator.</li> </ol>		
<b>Teaching Strategies</b>		
<b>Duration in Minutes</b>	<b>Task</b>	<b>Additional Resources</b>
5-minutes	<p><b>Welcome &amp; Introduction</b></p> <p>The facilitator will welcome the participants to the training session and complete any paperwork that is required.</p>	Module One PowerPoint Slide 1
5-minutes	<p><b>Overview of the Programme</b></p> <p>The facilitator will present an overview of the project partners, the project and the resources developed (including the social media channel).</p>	Module One PowerPoint Slides 2 – 6
10-minutes	<p><b>Icebreaker 1: Together or alone</b></p> <p>The facilitator will ask a series of questions to the group, such as “do you like pizza”. Students can either cluster up in small groups depending on the answer or they can line up.</p> <p>The lines / clusters that are created will help the group to learn more about each other.</p>	Module One PowerPoint Slide 7
10-minutes	<p><b>Icebreaker 2: Circles</b></p> <p>The facilitator will break the participants into two circles; circle one (the inner circle) and circle two (the outer circle).</p> <p>The participants in the outer circle will face someone in the inner circle. Each person will ask the person in</p>	Module One PowerPoint Slide 8

	<p>front of them a question and they will discuss it for 3-minutes.</p> <p>After this time, the participants in the inner circle will move to their left.</p> <p>The activity will end when everyone has had the opportunity to speak to one another.</p>	
(extra)	<p><b>Icebreaker 3: Web of Connectedness</b></p> <p>If time allows, an additional game can be played called “Web of Connectedness”. The aim of this game is to ask a series of questions, and each time the participants respond positively, they are passed a ball of wool. They should hold onto a piece of it.</p> <p>The game will end when the ball of wool is used up.</p> <p><b>Top Tip:</b> The tighter the circle, the longer the game can be played.</p>	<p>Module One PowerPoint Slide 9</p> <p><a href="#">Activity Explained</a></p>
30-minutes	Total	

### Assessment & Evaluation

The following assessment and evaluation strategies should be used throughout this module

#### 1. Formative

- a. [Convergent and divergent questioning](#) can be used to support deeper understanding of the content provided.



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